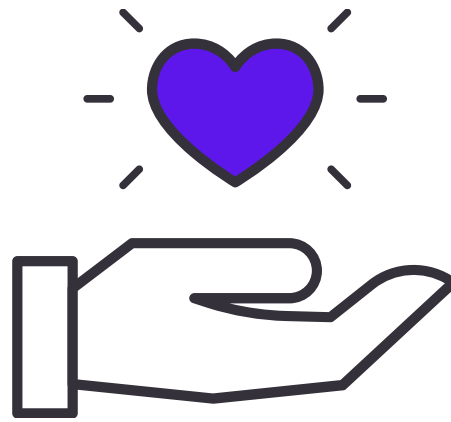


BETHALTO COMMUNITY UNIT SCHOOL DISTRICT #8



LOCAL FOOD AND UTILITY ASSISTANCE



1201 Hope Center Ln
Cottage Hills, IL 62018
(618) 259-0959

Food available via drive thru on
Tuesdays and Fridays from 9am - 12pm

OPERATION BLESSING

18 E Lorena Ave,
Wood River, IL 62095
(618) 251-5683

Food available with proof of address
Mondays through Thursdays 10am - 1pm



Alton Office
3512 McArthur Boulevard
Alton, IL 62002
(618) 462-0634

Food pantry, utility assistance, and
rental help available. Call for assistance.



Bethalto Christian Church
724 E. Bethalto Blvd. (Hwy. Route 140)
Bethalto, IL 62010

Goods drive every other week for diapers, wet
wipes, cleaning products, hygiene products,
and food. Sign up on the Facebook page:
<https://facebook.com/ParentsFamiliesNOW/>



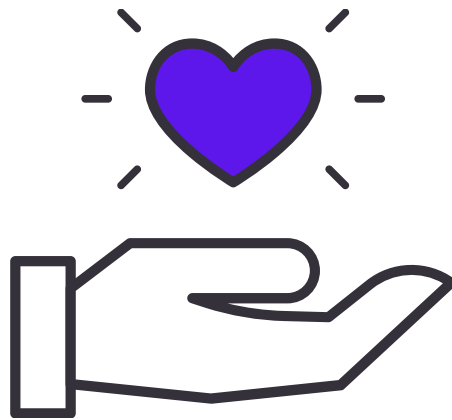
Unit #8 food distribution on
Monday and Wednesday mornings.
Check website for specific times and locations.
https://www.bethalto.org/bcusd8_covid-19.html



BOYS & GIRLS CLUB OF BETHALTO

324 E Central St.
Bethalto, IL 62010
Food distribution 4:30 - 6:30pm on
Monday and Wednesday evenings.

BETHALTO COMMUNITY UNIT SCHOOL DISTRICT #8



LOCAL MENTAL HEALTH AND WELLNESS RESOURCES

CALL4CALM

For Illinois residents experiencing stress and mental health issues related to COVID-19 who would like to speak with a mental health professional, text "TALK" to 552020, or for Spanish, "HABLAR" to the same number. Within 24 hours, receive a call from a counselor employed by a local community mental health center to provide support.



CENTERSTONE

Centerstone provides help to those who are struggling with mental health issues and/or substance use disorders during the COVID-19 pandemic.

Call 1-877-HOPE123 (1-877-467-3123) or visit centerstone.org.

Telehealth appointments by telephone or by video.



Illinois DHS can help you meet basic needs, cope with illness, emergencies, or other challenges, and help you find programs, services, and information.

Visit <http://www.dhs.state.il.us/page.aspx?>



Substance use, depression, gambling addiction, financial debt? Telephone, video, and online counseling and treatment can help you get better while practicing social distancing. For Madison County, call (618) 877.4420 24 hours a day, 7 days a week.

SASS

Screening, Assessment and Support Services (SASS) is a crisis mental health service program for children and adolescents experiencing a psychiatric emergency. Call the CARES line when a child is at risk to himself or others, or any time you or others think a child is having a mental health crisis.

1-800-345-9049 (Voice) 1-773-523-4504 (TTY)



For mental health resources that may be helpful during this health crisis, visit https://www.co.madison.il.us/departments/mental_health/covid-19.php